

VOICE OF THE RESIDENTS

VOL.XXXIV, NO 8

BROADMEAD, COCKEYSVILLE, MD

April, 2012

Add Years to Your Life **Ridge Trail Is Perfect Incentive**

Text and photo by Sally Bloomer

An outstanding feature of Broadmead's northern landscape is the Ridge with its steep climb up, over and down again.

Our campus has many interesting places to walk: along the Western Run, over to Ashland Road, the Perimeter Road. But the Ridge is outstanding.

Walking a mile three days a week is ideal. If you're really fit, you should do a mile in 20 minutes. My 20-minute mile is a thing of the past. It takes me at least 30 minutes now to do the Perimeter Road. The Ridge is a real challenge and interesting for many reasons. One Ridge walk is worth two perimeter walks. It's a tough haul and requires motivation. The features along the way provide that. Cold blustery days are giving way to milder ones, so give it a try.

If you turn right, starting at the trail head, you will soon come upon a split-rail fence leading to a garnet out-cropping where there is a bench and a sign telling you all about the geology of three million years ago.

I usually save that for last. So, at the trail head, I turn left because it is the easier way up. Heading west, you come to the summer house which provides a perfect vantage point for surveying the buildings and activities below. There is a split-rail fence to help you up the well-constructed steps which were no doubt the work of former resident trail blazers.

Resist the temptation to linger. Although it is a perfect place for a picnic, trudge on. You could follow the Beech Trail down to the Broadmead entrance. That trail is aptly named for predominant beech trees, the

younger of which have dead leaves clinging to the branches all winter long.

Turn right instead and a steep rise will greet you. On the right is a 20-30 foot-high silo covered with shingles held firmly by metal rods and mounted on a concrete foundation. What could the Holly House family have stored in this wooden tank? Ted

Wilson assures me it was a water tower. I prefer to think it was a big barrel to store apples to make cider.

Farther on, almost at the crest of the hill, is a pit about two-feet deep lined with rocks. Perhaps this is where wood was slowly burned to make charcoal. At the very summit of the trail there is a bench just big enough for two. Look down through the trees and you will often see fawns grazing or gracefully cavorting

among the tulip, beech, oak or black gum trees which cover the hillside.

You never know whom you will meet in your walks: perhaps Cynthia Ballard who often takes the long route to the Center or Ted Wilson picking up sticks.

A few years back I was trudging down carefully, watching my step and met a resident who was a nimble hiker trudging up. We almost bumped into each other. On returning to the Center I met that same resident, Frank Craig...God rest his soul.

"Hi, Frank, did you see any deer on your walk on the Ridge?" I asked. "No," Frank replied. "But I saw a pretty girl".

Frank walked the trail every day wearing boots and a snappy green Tyrolean hat with a feather. Walking can extend your life by years according to health experts.

Frank lived to be almost 101.



**John Robbins and Carol
McCord on the Ridge Trail**

Broadmead Welcomes

By Nancy Allchin and Natalie Bellows

Ann (Stevenson) Berman

A-7 443-578-8326 January 2012

Broadmead just "felt good" to Ann when she was a guest resident last fall. She has made the move from Utah where she lived for 51 years.



Brought up in the East, she attended Mount Holyoke College where she majored in political science. During her college years she joined the Experiment in International Living, spending time with a family in Germany.

She later earned a Master's Degree in Special Education at Columbia University.

While living at the International House in New York City, she ran into her old high school friend Dan Berman, who was then a

law student at Columbia. They married and moved to Salt Lake City where he had a private practice. They had four daughters, one of whom lives in the Baltimore area. There are 11 grandchildren, most of them boys.

Ann likes to write and has always been interested in books. Joining with a friend, she opened the King's English bookstore in Salt Lake City, which is still in business today after 30 years. Although Ann left the book store to have major back surgery, she and her business partner continued to do book-related things together, including writing a book column for many years.

After her recovery she worked 16 years for the Salt Lake City Library before retiring some ten years ago.

Betty Lou (Liggan) Anderson

R-14 443-578-8336 February 2012

"With a name like 'Betty Lou' you have to have been born in the South," says our new resident. She started out life in a small town near Richmond, Virginia, and the family soon moved to southern Maryland. Eventually she came north to Baltimore.

Betty Lou majored in education at the University of Maryland, then later received a Master's Degree in Education from Towson State. She taught for two years in Baltimore County schools and ended her teaching career as a reading specialist at Boys Latin.



She and her husband had two boys. Son Craig continued the family teaching tradition and has taught at Friends School. Son Doug lives in Philadelphia. There are four grandsons and four granddaughters.

Betty Lou has always had a big vegetable garden, and has already put in her name for a garden plot here at Broadmead. She is looking forward to a homegrown tomato.

EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, *THE VOICE* does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *THE VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule *THE VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page, no copy may exceed 600 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in *THE VOICE* box opposite the copy machine in the BRA office.

Dr. J. Courtland and Sally (Shoemaker) Robinson

E-8 443-578-8332 February 2012

Court, son of a minister, grew up in Elizabeth, NJ. He attended Princeton, receiving his degree in 1949 after completing



service in the U.S. Marine Corps. His medical degree is from the College of Physicians and Surgeons at Columbia University. He also has an MPH from the Johns Hopkins School of Public Health.

He became a member of the Hopkins medical

faculty, serving as associate chief at the Baltimore City Hospital. He was also Medical Director of Planned Parenthood for five years.

Earlier in his career he and his wife Sally served for 11 years as missionaries for the Presbyterian Church in Korea. While there he was chair of the Department of Ob/Gyn at the College of Medicine of Yonsei University.

In retirement Court has enjoyed making furniture and using his lathe to turn wooden bowls.

Sally, the daughter of a well-known minister, spent her early years in New York City. She



is a graduate of Bryn Mawr College where she is an *emeritus* trustee. As a missionary in Korea in the early '50s she became fluent in the Korean language, enabling her to work well in mission communications, particularly in helping produce programs about the arts for the country's nascent television industry.

In Baltimore she has been continually involved in church-related work, serving as director of the Brown Memorial Church Tutoring Program. She was CEO of the Episcopal Social Ministries for 14 years. She has been active in the American Bible Society

and in world-wide Bible groups throughout her life. She is currently a lay associate at Brown Memorial where she has sung in the choir for many years.

The Robinsons' three sons live in the Baltimore area. Their daughter is in Seattle. There are five grandchildren.

Sarah (Tallon) Bilecky

H-4 443-578-8321 November 2011

Sarah, who comes from Falls Church, VA, has chosen this area to be near one of her daughters. Her chance meeting with the Micheners in Egypt in January, 2011, introduced her to Broadmead.

Raised in Michigan, she received degrees from Michigan State University and the University of Michigan. Her husband Anatole, whom she met in college, joined the Foreign Service and the couple was assigned to posts in Taiwan, Vietnam, the Ivory Coast, Pakistan, Ukraine and Tanzania.

Sarah taught school for 22 years in both the United States and overseas, taking time off when her son and two daughters were young.

She is glad to live now near her daughter's family and three of the grandchildren. There are five additional grandchildren in the Atlanta area. She relishes her role as grandmother.



More Broadmead Welcomes on Page 4

**Friends Meeting for
Worship**

Sundays at 11 a.m.
Stony Run Board Room
Everyone Welcome

Broadmead Welcomes

Continued from page 3

Beth (Dolde) Zimmerman

R-9 443-578-8337 February 2012

Beth comes to Broadmead from Haddonfield, New Jersey, where she and her sister, resident Sally Lyn Duff, grew up. She received a degree in psychology from Ursinus College in Pennsylvania, and later earned her Master's Degree in Therapeutic Recreation from Penn State.



She worked in her field for 33 years for the Commonwealth of Pennsylvania, 25 of those years in psychiatric hospitals. Along the way she met and married Jack (now deceased).

All her life Beth has loved felines, and she brought her two cats with her, along with several solid models for her garden.

Watercolor painting has always been a hobby of hers. She brought with her two large artists' portfolios filled with paper supplies and some unfinished paintings. She expects to continue in that endeavor here at Broadmead.

After retirement she taught watercolor painting for 10 years at Markeim, a local art center in New Jersey.

Wednesday Worship

1st Wednesday of month, 10:30 a.m.

Episcopal Communion

Holly Terrace - Flex Space

Sponsored by Sherwood Episcopal Church

2nd Wednesday of month, 10 a.m.

Catholic Mass

Holly Terrace - Flex Space

Sponsored by St. Francis Xavier Church

Broadmead Concert Series



Guitarist Mark Edwards will perform here Sunday, April 29 at 2 p.m. Hailed as a player who "transfers to another zone, effortlessly strumming, plucking and picking a variety of classical masterpieces with clarity," Mark has been performing since he was 14.

Ballet Video

Friday, April 20 - 7 p.m. Auditorium

Quixote Ballet

Choreography by Rudolph Nureyev
Starring Rudolph Nureyev and
the Australian Ballet

Moving Around Broadmead

	<u>From</u>	<u>To</u>
John DePrine and Robert Gist	B-4	F-1
David & Suzanne Hopkins	H-8	C-12
Hertha Krotkoff	L-4	T-303
Mildred Smeallie	S-208	T-307

New Residents

Michael Bielefeld	P-10
Kirsten Cardegna	M-12
Rhett & Carolyn Murphy	V-1

Baltimore Choral Arts Society Delights Again



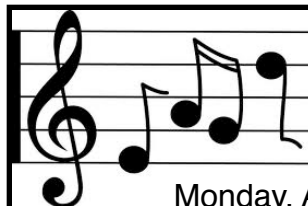
The 35-member Chamber Chorus of the Baltimore Choral Arts Society returned to Broadmead with a program of *Choral Gems*, ranging from Haydn's *Awake the Harp* to a medley from *My Fair Lady* and a seasonal Irish encore *Oh Danny Boy*. Shown here, at left, is choir member Dr. Anne E. Culbertson, who has helped to fund these concerts in memory of her mother Marty Culbertson, a former Broadmead resident. Conductor Tom Hall is joined here at right by his wife Linell Smith who read "Animal Crackers" from her forbear Ogden Nash's amusing poetry, prior to a comical musical interpretation of same. The Baltimore Choral Arts Society, a member of Chorus America, the national association of professional and volunteer choruses, performs widely in the United States and abroad.

Photo by Nancy Boyce



Let's Dance

Monday
April 9 at 7 p.m.
Lounge
Everyone Welcome



Let's Sing

with Jonathan
Jensen at the Piano

Monday, April 16 at 7 p.m.
Lounge Everyone Welcome

Ann Heaton Chairs Broadmead Board Again

By Elborg Forster

Ann Heaton has a great deal of experience with running organizations, starting with leadership positions in junior high school.

Volunteering has been an increasingly absorbing way of life for her in such areas as community mediation, her children's schools, Broadmead and the Gunpowder Monthly Meeting in Sparks, MD, among others.

Ann served on the Broadmead Board of Trustees from 1996 to 2005, chairing that body from 2000 to 2003. Nine years is the limit anyone can consecutively serve on the board, but after the proper hiatus Ann returned and has just become chair of the Board of Trustees again.

In addition to the experience provided by effective volunteer work, Ann developed business skills when she and her husband went into business together, to provide forms and filing systems for medical offices.

Over the next few years Broadmead will be making a number of important business decisions, such as the nature and location of a new Health Center, what to do with the Provenza property, and how to go about finding a new CEO. In naming Ann, the Trustees appear to have selected an experienced chair vital to the success of these projects.

A native of Baltimore who has lived in various places in the United States, Ann became a Quaker at age 14. She is married to Bob Heaton, who frequents Broadmead's water aerobics class, while Ann is a regular at Broadmead's Tuesday and Thursday morning exercise class. She and Bob have three sons, four granddaughters and a grandson. Ann says she loves being a grandmother and enjoys gardening, reading, sewing and crocheting – when there is time.



Is a Charitable Gift Annuity Right for You?

*By Deborah Kopper
Director of Development*

A Charitable Gift Annuity provides a donor with a fixed income for life as well as a tax deduction in the year the gift is made. This additional money can be a great supplement to a donor's retirement income, while also giving Broadmead a special gift.

A Gift Annuity is a simple combination of two concepts: a gift and a guaranteed fixed income for life. It's a gift that gives back. The rate of return is between 6 and 9 per cent, based on the age of the donor.

In exchange for a gift of cash, publicly traded securities or a maturing CD, Broadmead agrees to pay one or two persons a "fixed" income for the rest of their lives. They are not subject to the fluctuations of the market. The rate of return

is set by the American Council on Gift Annuities and is based on the age of the donor at the time of the gift. The minimum contribution to establish a Gift Annuity at Broadmead is \$5,000.

Much of the money in our various funds has come from the generosity of previous residents who chose to do a gift annuity or chose to include Broadmead in their wills.

For a personalized and confidential proposal, please contact Deborah Kopper at 443-578-8044 or dkopper@broadmead.org.

Vespers

Sunday, April 15 - 4:30 p.m.

Main Lounge

Rev. Joanna White, Rector
Sherwood Episcopal Church

Cockeysville

All are welcome.

Quilt Stories Shown from Gee's Bend and the Underground Railroad

By Virginia Schurman

The lives and quilt-making traditions of women from Gee's Bend, Alabama, a small rural community, were explored via two video presentations at a recent Multicultural Committee event at which resident Kitty Anderson explained how quilts were used to guide runaway slaves.

Resident June Gee, whose husband's family lived in Gee's Bend for many generations, introduced the video and asked her audience to note how the quilts were conceived and constructed, to consider the source of the materials and how the quilters used human relationships in their designs.

Her late husband's great-great-great uncle, Joseph Gee, was the first recorded person in that area. In 1816, he purchased a large segment of land and brought two nephews and slaves to establish a large cotton plantation.

A woman named Dinah Miller was the single matriarch of five generations of quilt makers, most of whom were descendants of slaves who worked the fields once belonging to the local Pettway plantation and lived on the brink of poverty.

The video was set in the quilt makers' homes and yards, where the women's own voices shared their experiences, the songs and the spirituals which helped them gain strength and endurance. The quilts, now considered masterpieces of modern art, were made from the salvaged good parts of worn clothing and were constructed in striking minimalist and bold colors in original designs.

Kitty Anderson displayed a quilt she made for her grandson's 21st birthday and explained how signals were used to guide runaway slaves on their journey to freedom. Slaves could find safe passage by following quilt symbol messages such as "follow the



Kitty Anderson talked about the Underground Railroad quilt she made for her grandson.

Photo by Bernie Anderson

bears' trail through the woods" and "fill your baskets with enough food and supplies to get to the crossroads."

Kitty made the quilt for her grandson because of his interest in family history, especially his great, great uncles from Virginia who fought for the South in the Civil War. Because of his early child care, her grandson sympathized with African American slaves. Kitty often talked with him about the injustice of slavery, and how his ancestors had freed their slaves.

To make the quilt, Kitty had researched several books and consulted quilting experts.

Thursday Night Bridge
6:30 p.m. Lower Level

More players needed
All skill levels welcome
No partner required

Beauty of Season Inspires Broadmead

Spring Is Sprung, Grass Is Riz.....

Trail Day Scheduled
Tuesday, May 8
10 a.m. - 3 p.m.

(Rain date is Thursday, May 10)



Trail Day organizer Ted Wilson tends early arriving daffodils.

Photo by Sally Bloomer

The River

By Carolyn Underwood

It bubbles and flows, transparent.
As it streams over pebbles and rocks,
they become small mirrors of the sun.

Over the sand it flows, transforming it
into a bed of sparkling, twinkling gold.

The River of God washes,
purifies all it bathes.

Approaching a great chasm,
with foaming roar,
it baptizes the depths
in the Name of the One Who was,
and is, and is to come.

Musings While Wielding the Spade

(Translated by Elborg Forster from
a poem by Joachim Ringelnatz)

Beneath the earth something rummages,
Beneath the earth of our Earth.
Pushing and wiggling – what does the Thing
Want or what will some day become of the
Thing which,
Actually, began within itself?

Tubers, pupae, germs of every kind,
the earth keeps them safe,
Preparing them
for a new era.

The earth, which covers so much that has
died,
Gives to refuse, and to misfits too,
Asylum, rest and sleep. And punctually wakes
them
To become onions or butterflies.
Or springs, or coal ---

Beneath the earth a Thing rummages,
Some kind of Thing, or maybe just a grub.
Does it wiggle? Does it tick? Does it tremble?
No matter, someday it will live
As a tower-climbing vine,
As petrol for cars, as a thought ---

Decay, humidity, or a fine sense of humor
Will again and again bring forth life.

BIRD AND NATURE GROUP

Friday, April 27, 1:30 p.m.
Meet at the lower level entrance
for carpooling to
Oregon Ridge Nature Center

Everyone Welcome

.....I Wonder Where the Duckweed Is?



It will return, perhaps with some prettier flowering friends. A wetlands basin is required by both state and county law regulating its size, its depth and its flow.

By Bernie Anderson

"Lake Maybe" is neither a lake, nor a pond. It's a "Wetlands Basin", according to Joe Berg, Senior Ecologist with Biohabitats, Inc., an environmental company hired to build and maintain the storm water drainage system for the Broadmead property.

At a presentation for residents, sponsored by Broadmead's Maintenance Department, Berg reviewed in detail the design, building, maintenance and operation of the storm water drainage system on campus.

As background he explained that property development converts forest and fields into impervious land cover, reducing water storage on leaves and organic duff, decreasing infiltration into groundwater and increasing the volume and speed of surface runoff. As a result, storm-water regulations have been developed to protect against downstream flooding.

Illustrating with Powerpoint, he showed the contrast over time from a pre-urbanized to a post-urbanized condition and the consequential flooding.

Broadmead's Wetlands Basin ("Lake Maybe") was designed to collect and manage the runoff resulting from rain and melting snow to minimize downstream flooding in Western Run. Its physical size is determined by the size of the area draining into it. Its volume is determined by engineering constraints, and is optimized to handle the surrounding terrain. The depth of the water may not be increased without enlarging the pond surface, and the outlet structure cannot be modified in any way.

Berg told his resident audience that Broadmead's storm water management facility will never be a lake nor a true pond. But it has the potential to be a beautiful, diverse and productive wetland that will satisfy county and state regulations, protect against flooding, improve water quality, and support native plants that are a haven for birds, frogs and more. Duckweed, he said, will probably always be part of the vegetation mix.

He showed numerous pictures of other ponds to illustrate the potential for growing various plants and other vegetation and answered questions relating to wildlife issues.



The Display Case has been showing uses for eggs which the average person would hardly imagine. For over 25 years resident Evelyn Coyle has created clever, artistic and incredible Easter eggs for her grandchildren. The late Charlotte Smyth painted portraits of her children on eggs, complete with hats and wigs. The exhibit will continue through the month of April.

Text and photos by Nancy Boyce

Pool Poem

By Sue Carnell

The pool at Broadmead floats us now in
water salted
yet turns my hair alarming green
In need of Lorraine's shampoo IONIC.

Broadmead thought to improve upon old-
fashioned chlorination
Making ruined hair surprising --
perhaps IRONIC.

In my youth the pool was fed by springs
that flowed to streams
Water pure, idyllic and ICONIC
But, ah, how cold

Multicultural Committee

Thursday, April 12
Passover Seder (see page 17)

Thursday, April 19
7 pm - Auditorium
**Sharing Responses to
People of Other Races**
Pat Schenck will return

Friday, April 27
10:30 a.m. - Auditorium
**Video Taping Broadmead
Community Quilt Experience**

History and Future of Psychiatry Examined

By Jonas R. Rappeport M.D.

"Person-centered psychiatry" is the preferred approach today in the treatment of mental illness, Dr. Robert P. Roca told a recent overflow Open Forum audience.

It recognizes that people are biological entities whose subjective experience depends on and is mediated by the brain; and

it recognizes that the brain is changed by experience. Relief of "symptoms of the mind" requires working with both biological and psychological concepts.



In a talk entitled "Psychiatry: Past, Present and Future," Dr. Roca reviewed the history of mental illness treatment as

well as current therapies. Certified in both psychiatry and internal medicine, Roca also has degrees in Public Health and Business Administration. He is vice president and medical director of Baltimore's Sheppard Pratt Health System.

In the past those with mental illness were viewed as being possessed, non-human or "alienists", he said. The Priory of St. Mary of Bethlehem (abbreviated to Bedlam) was established in London in 1547 and existed until 1948. The first free-standing asylum in America was founded in Williamsburg in 1773 to support "ideots (sic) lunatics and other persons of unsound minds." In Maryland Spring Grove State Hospital opened in 1798 where Johns Hopkins Hospital now stands.

In the early 1800s, mental illness began to be recognized as a disease of the brain and considered a medical problem. Changing its treatments were Dr. Benjamin Rush, founder of what is now the American Psychiatric Association, Rufus Wyman in Boston and Moses Sheppard in Baltimore.

By the early 20th Century medical diagnoses of patients created categories such as manic depressive psychosis and

schizophrenia. The era of psychoanalysis established by Sigmund Freud and Carl Jung became the treatment of choice, followed by the development of electro-convulsive treatment which is continued today in cases of severe depression. The 1950s saw the development of psycho-active drugs, ushering in the era of psychopharmacology.

Today with the widespread prescribing medications for depression, anxiety and the psychoses, long term inpatient care in state hospitals has been reduced by moving patients to community group homes. Medicare, Medicaid and most commercial insurance plans now cover mental illness, making it more acceptable and accessible, and reducing the stigma of mental illness.

Unfortunately this "progress" has led to "medication management" as the treatment of choice, resulting in the loss of hospital beds, overcrowded psychiatric emergency rooms and increased costs, Roca said..

But we now have more accurate diagnostic classifications and a recognition that the illnesses actually begin at the first moment there are pathologic changes and not later when the first symptoms appear, he explained. New psychotherapies, such as Cognitive Behavior Therapy, attempt to interrupt or change automatic maladaptive thoughts or ideas that trigger depression, anxiety, compulsions and other symptoms. Behavior Therapy, useful for those who are suicidal, focuses on a radical acceptance of self and of a need to change. Prolonged Exposure Therapy is now used to treat post traumatic illnesses. We are now seeing many veterans of the Iraq and Afghanistan wars returning home suffering with post traumatic syndrome.

Newer therapies include vagus nerve stimulation and transcranial magnetic stimulation, in which a magnet is placed on the head and a small current passed through it. Deep brain stimulation may hold some hope, Dr. Roca said.

Genetics is already helpful in predicting the way our bodies will break down drugs. In the future we may be able to look at genetic profiles and predict which medicines are most likely to be of benefit.

Broadmead Briefs...

Twenty-six staff members were honored for their years of service at a Holly Terrace banquet followed by an awards ceremony in the Auditorium. Recognized for 20 years of service were Dan Hall, Sylvia Mooney and Shirley Renner. Honored for 10 years were Nicole Davis, Linda Chick, Bernice Marzella, Nancy Shannon, Rhonda Rhodes, Linda Crabill, Carolyn Frederick, Jody Tromble, Melvin Hines, Kathy Bailey and Cheryl Gross.

Completing five years are David Lockmar, Latricia Sims, Rathia Bost, Lisa Mainolfi, James Dotson, Rachel Harris, Tawonda

McDonald, Kasia Smith, Susan Wilcher, Kendall West, Ashley Ragland and Tonya Allsup; **Kathy Bailey** was feted by residents, staff and friends at a recent retirement party held in the Holly House. Kathy has been at Broadmead for 10 years, serving as residency counselor



Susie Fetter reports that Resident **newspaper recycling** earned Broadmead \$70.40 last year. And according to estimates from Director of Housekeeping Beth Connors, we recycled more than 14 tons of paper, which saved over 42 cubic yards in the landfill and over 57,715 kilowatt hours of energy. Since we may now commingle magazines, catalogs, and computer paper with the newspapers, perhaps we can reach \$100 this year.

On recycling, Sally Bloomer also asks residents to look carefully for numbers 1 through 7 on the bottom of containers. Yogurt and cottage cheese containers are often numbered. "Rinse, then recycle," she said.

According to those who watch such things, Cluster C not only had this year's **first daffodil** in mid-February, in the Shippenberg garden, but also a very early **witch hazel**, a native shrub with pale yellow blossoms, used to make an astringent.

Problems with messy jigsaw puzzle storage in a dining room coatroom have been happily resolved, thanks to **Bernie and Kitty Anderson** (shown here) who renovated a barn sale donation in the Wood Shop to create an organized storage space.



Here's another **bonus from Jonas** (Rappeport that is) about coffee or tea stains on nice white china cups. Pour warm water into the cup and add a denture cleansing tablet. Let it set for a half hour, rinse and wipe dry. Cup should be clean. If not, repeat the process, he said.

Open Forum

7 p.m. - Auditorium

Friday, April 13

Why Is Gold Valuable? A Social History

Erica Schoenberger, Ph.D., Professor of Geography and Environmental Engineering, Johns Hopkins University

Friday, April 27

Hydrofracking in Maryland

David Vanko, Ph.D., Dean
College of Science and Mathematics
Towson University
Chairman, Marcellus Shale Safe Drilling Initiative Advisory Commission

Thursday, May 3

Turning Lives Around

Stanley E. Weinstein, Ph.D.
President and CEO,
Woodbourne, Baltimore
Residential and treatment center
for children with mental health problems

At 100th Anniversary Titanic Horrors Still Fascinate

By Marcia Reinke

The 100th anniversary of the Titanic's sinking on April 12 is refueling the public's fascination with artifacts from the 1912 lifeboat survivors and from the wreck's recovery in 1985. Among those with an interesting, but different, artifact is Broadmead's Peggy Taliaferro, owner of a now tattered, red leather diary with "My Trip to Europe" embossed on its cover in gold.

The diary was kept by Peggy's cousin, Alice Fowler, who was traveling on the Carpathia, which steamed to the distressed Titanic and took on board the survivors. Alice was a good friend of Peggy's mother, Margaret O.

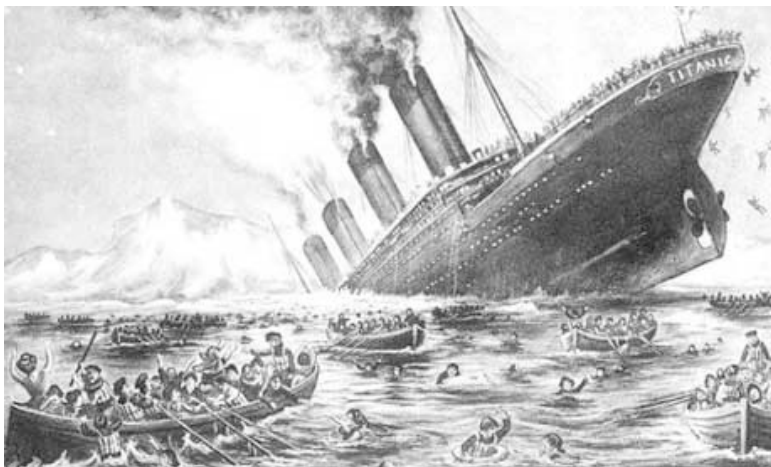
Cromwell, a 1979 "mudder" here at Broadmead. Alice gave Margaret her journal which is how Peggy comes to have it today.

The diary opens with the Carpathia leaving New York Harbor on April 11, 1912. A notation says that Alice and her mother were "put at Captain

Rostron's table," the same Captain Arthur Henry Rostron who received multiple honors for his heroic efforts, not long after he and Alice had been sharing a meal.

The entry for April 14, at 11:50 p.m. says "Titanic Marconied. Sinking. Come. All night we went full speed to the rescue, escaping many icebergs." The entry for April 15 reads "The Titanic sank at 2:20 a.m. Carpathia arrived at 3:30."

Alice describes looking out a porthole to see a lifeboat full of women and babies, "a curious sight in mid ocean in the gray dawn with their white life preservers." The Carpathia's passengers were not allowed out of their staterooms until 4 a.m. as "they thought 3,000 people were coming on." Although 16 lifeboats were "quickly emptied by slings and bags of women and children who were all cared for at once," only 710 were saved and they were "too stunned to make a fuss.....Of the Titanic not even wreckage was to be seen, only acres of cork floating on the water. It seems strange that of the 1600 that went down, so many with life belts on, that there were none still floating an hour after.



"It all seemed so strange and impossible, and the sky and sea so peaceful that it appeared more like some great picnic(sic) that we were picking up the boats of, than this awful tragedy," she wrote.

"At 9 o'clock they had a burial service on the spot and then we turned and started for New York...Most of the people were in their night clothes with anything over that they had picked up. It was bitter cold and all were wet."

On April 16 Alice wrote of "broken hearted women all about us, sleeping anywhere, five and six in one cabin, on dining room tables and floor....it seemed hopeless to comfort them in the face of such a horror and their losses. You could only stand by and ache for them". Alice added that her stateroom was shared by three widows

and "everyone seemed stunned,"

On April 17 she wrote of the "endless stories... and the same cry went up from all. "There was room in the boats for so many more. Why would they not let them in?"

On April 18 the Carpathia steamed back into New York "where it was surrounded by a

mass of boats and tugs all crying for news." A heavy thunderstorm and flash cameras created a weird scene but "there was absolute silence on board. Have never seen such a sight as the dock and streets, all about, a solid mass of people, thousands and thousands, a sight never to be forgotten," she wrote.

On April 19, the Carpathia left for Europe again, and as it "went down the Bay (it was) saluted by every tug and boat that had a whistle, and our Captain deserved it all and more."

Alice Fowler was 47 when the Titanic went down. An accomplished artist, she never married and lived in the Guilford section of Baltimore most of her life. In 2001 Peggy sent a copy of the journal to Walter Lord, the author of the book *A Night to Remember*. Pleased with receiving first hand information of the Carpathia's role in the Titanic story, he said the account would go to the National Maritime Museum in London along with all his Titanic papers. Lord was a Baltimore native and a graduate of the Gilman school.

New Trip Committee Will Offer Tours of the Silber Garden, Mount Clare Mansion, the Air and Space Museum

By Rhoda Dorsey

Three tours will be offered this spring by the newly reorganized Trip Committee. Sign up sheets will be available behind the Main Desk. Dates are still tentative and prices not yet firm, but tours are expected to include:

The Silber Garden, tentatively on May 8

Listed in the Smithsonian Archives of American Gardens, the exceptional six-acre woodland garden of Jean and Sidney Silber in Lutherville has paths shaded by old towering trees and specimen understory trees. Ferns and bulbs grow throughout the garden and, in the sunny lawn, there are two goldfish ponds and plantings of boxwood, roses, peonies and crape myrtles. Participants must be able to walk without assistance on uneven ground. Leader will be Judith Hundertmark.

Mount Clare Mansion and the Hopkins Club, tentatively on May 31

Mount Clare was built in 1760 by Charles Carroll, the Barrister, as the center of his 800-acre Patapsco River Plantation. It now sits in Carroll Park with a fine view of Baltimore. Administered by the Colonial Dames, it has been handsomely refurbished to show the lifestyle of a wealthy landowner of the period. We will have a guided tour of the house, visit the gift shop, and then drive to the Johns Hopkins Club on the Homewood campus for lunch. The leader is Helen Davis.

National Air and Space Museum, Chantilly, VA., tentatively June 14

The Udverhazy Center of the National Air and Space Museum displays 163 aircraft and 154 large space artifacts too big for the National Mall location. They are shown in two large open-space hangars on the main floor suspended on two levels from the ceiling. It is expected that the space shuttle Discovery will be displayed by the time of our visit.

Lunch and a gift shop are available and, for an additional charge, tickets for the Airbus I MAX Theater. Bag lunches may be eaten outside at tables and, in case of inclement

weather, might be allowed in the indoor restaurant with the purchase of a beverage. Leader is Joan Eastman.

Save the dates. More information will be available shortly.

Writers Review Changes in the Journalism World

By staff writers

Baltimore journalists provided interesting glimpses into their lives, passions and concerns during a four-part lecture series sponsored over the past several weeks by the Residents Association's Adventures in Learning Committee.

Leading off was Judy Rousuck, longtime *Sun* theater critic, staff writer and WYPR public radio personality who, during her career, has attended more than 1000 plays and musicals and conducted memorable interviews with Broadway icons.

Following Judy was Tim Smith, the *Sun's* current music and theater critic speaking on the changing roles and the many challenges facing reporters today.

Linell Smith, who was twice nominated for a Pulitzer Prize during her many years at the *Sun*, brought with her dozens of clippings which revived memories of residents who have lived long in Baltimore. Linell, who now teaches journalism at Goucher, spoke of the many changes brought about by the women's movement, computers and competition from television and the internet.

The fourth speaker, Dale Kreiger, associate editor of the Johns Hopkins Magazine, spoke of his very different form of journalism. He described how the magazine evolved from a usual college alumni newsletter to one of the country's outstanding university magazines today.

In Memoriam

Frank Hijikata

August 24, 1922 March 1, 2012

Herbert Ward

February 1, 1921 March 17, 2012

Two Broadmead Professors to Compare English and French 19th Century History

Adventures in Learning will present not one, but two, distinguished history professors, sharing with us their favorite subjects: English and French history.

Rhoda Dorsey, retired former president of Goucher College, and Robert Forster, Professor of History at Johns Hopkins University for 31 years, will launch a five-session Wednesday morning series April 18 at 10:30 a.m. Dorsey and Forster will share each session and provide a half-hour for questions.

Dorsey has a BA in History from Smith College, an MA from Cambridge, and a Ph.D from the University of Minnesota. Forster has a BA in History from Swarthmore College and a Ph.D from Hopkins.

The first two lectures will be in April, the remaining three in May. To paraphrase Dorsey, they are going to talk about two countries separated by a small body of water, which fought each other for a hundred years, competed for world dominance and developed democratic forms of government, each in its own way.

In addition to history, the programs will present a rich mix of French and English culture, literature, art and music.

The BRA Health Care Committee Lecture Series

10:30 a.m. Auditorium

April 17

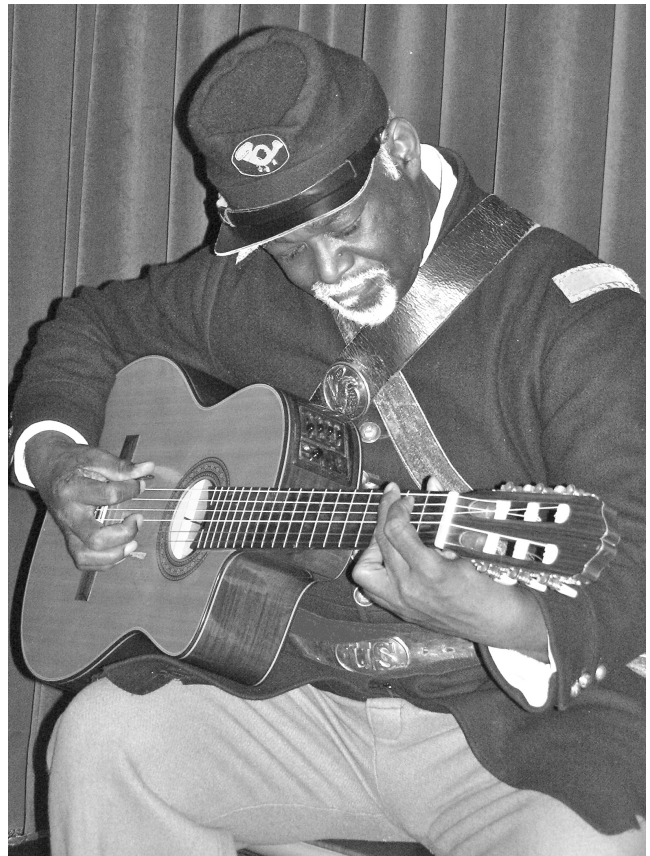
Liver Disease in 2012
Frank Iber, MD

May 1

Improving Your Vascular Health
Mark Lessne, MD

May 15

Diabetes
Stacy Young, Registered Dietician



Joe Becton, resplendent in his uniform of the Union Forces, delivered a vigorous and animated talk, complete with songs and poems, on black soldiers in the Civil War. Because his father was interested in history, he continued the tradition, teaching history and social studies for 20 years before joining the National Park Service. He was stationed in the Independence Hall area for 21 years before forming his own business, lecturing on blacks' roles in both the Revolution and the Civil War. Black soldiers were exploited and had to fight not only the enemy but also prejudice and bigotry in order to receive just compensation. *Photo by Marcia Reinke*

Saturday Performances

7 p.m. - Auditorium

April 14

Philip Schnering, will talk about his
Southwestern Indian collection

April 21

Author Jean Baker of Goucher will talk
about her recent book,

Margaret Sanger, a Life of Passion

Movies will be shown April 7 and 28

See page 18

Economists at Odds on Future Recovery

By Robert Forster

Two views of our economy, one optimistic and the other less happy, were explored here by two widely known local economists last month.

Anirban Basu, at a lecture sponsored by Broadmead Marketing, analyzed the American economy since 2008, and based on an abundance of statistics and graphs, presented favorable prospects for a continuing recovery. A health economist, Basu holds a Ph.D from the University of Chicago and is a regular commentator on local radio.

Looking at economic conditions and government fiscal policies over the much longer period since 1945, Carl Christ, Ph.D, painted a more pessimistic future. Christ, whose talk was sponsored by the Broadmead Residents Association Open Forum, is Professor Emeritus of Economics at Johns Hopkins University.

Comparing the 2008-2009 American recession to that experienced abroad, Basu pointed out that it was less severe here than in such financial centers as Frankfurt, London, Singapore and Tokyo. By 2011 multiple indicators showed a clear recovery in manufacturing, energy, materials, and even consumption. Unemployment, though still above 8 per cent, is slowly receding, he said.

Basu emphasized that regional variations in unemployment depend on government spending, the presence of energy sources or the housing market. Minneapolis has a 5.5 per cent rate while Tucson is at 10 per cent. In Maryland and the Washington metropolitan area the rate is much lower than on the Eastern Shore, he said.

Exploding some myths about the housing crisis, Basu noted that mortgage rates, at an historic low, are favorable to new buyers. Sellers, hypnotized by the unusually high prices in the 2000-2005 boom years, are holding out for a return to those prices when, based on prices before the boom,

homeowners would have a capital gain in the present market. Barring an international crisis such as a new war in the Near East, Basu said all indications show our economy on the mend. Investors can return to equities and buy houses. Consumers can go out to dinner, he said.

Christ, in a talk entitled "What is the Financial and Economic World Coming to?" emphasized structural conditions rather than economic growth, housing, and unemployment between 2008 and 2011.

Using very different data and charts, Christ described our present challenge. To fight our growing national debt, we should reduce public spending and raise taxes. To attack our high unemployment, we should raise public spending and reduce taxes. Obviously the two policies are contradictory and our two political parties are unable to reach agreement on what mix to apply, he said.

Christ said there are three possible approaches to the debt: (1) raising taxes; (2) repudiating the debt; and (3) a massive purchase of new government bonds by the Federal Reserve to cover the debt. There have been successful examples of repudiating a debt, but he does not recommend it. He is also not enthusiastic about new government bonds, which is basically printing money, resulting in inflation. In Europe, Christ sees the possible abandonment of the Euro unless the Europeans can create a unified fiscal policy and tax system.

Primary Election

for Democrat and Republican Parties
President, Senate, Congress
Judges, Convention Delegates
*(Our new Congressional District is 7,
represented by Elijah Cummings. We will be
voting on state and local candidates in 2014)*

Tuesday, April 3
Broadmead Lower Level
7 a.m. – 8 p.m.

Professor of Infectious Diseases Is Second Generation at Broadmead

By Ted Wilson

Speaking at a recent Saturday morning Men's Social Hour, new resident Dr. John Dowling said he attended medical school at the University of Illinois and had his residency in Internal Medicine at the University of Cincinnati Hospital, followed by a fellowship in infectious diseases.

Drafted into the Navy he spent two years serving in the European Theater, before joining the medical faculty of the University Pittsburgh where, for the rest of his academic career, he participated in research, patient care and teaching as a Professor of Infectious Diseases.

A distinction needs to be made between communicable and infectious disease, he said. The former can be passed from person to person whereas the latter is due to any microorganism and may be transmitted to humans from such agents as mosquitos and parasites.

During his tenure at Pittsburgh, Dr. Dowling was heavily involved in the study and management of AIDS and conducted research on the illness that sickened many Legionnaires attending a meeting at a hotel in Philadelphia.

When he retired from the medical school, he enrolled in the medical-information program at Pittsburgh where he earned a Master's Degree in the field of computer-assisted artificial intelligence, an emerging science which will assist in recording, transmitting and storing medical information.

On a personal note he said he enjoyed his hobby of model trains and had hoped that he might find a large enough space at Broadmead to set up his extensive layout. When that proved impossible, he gave away the collection.

Dr. Dowling's parents were among the original residents at Broadmead and are counted among the "Mudders".

Passover Seder

Thursday, April 12, 5 - 7 p.m.

Location to be determined

All Residents Welcome

Sign-up Required
(Limited Seating)

Sign-up is posted on bulletin board

Raised in Catonsville, Jack Daum Worked With Steel, Copper and Brass

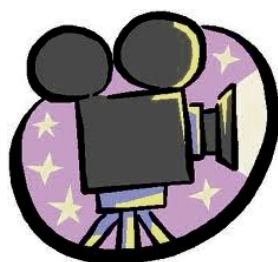
By Ted Wilson

Jack Daum, who spoke recently at a Saturday Men's Social Hour, grew up in the Catonsville area. While attending Catonsville High School he worked weekends and holidays for his father, who owned several supermarkets named "Daum's". He learned to play trumpet and with a friend, who played saxophone and clarinet, formed a dance band which played for local events.

After high school he enrolled in the University of Baltimore, played varsity lacrosse for two years and graduated with a B.S. in Marketing. Following 18 months of active duty with the U.S. Army, he sold insurance before accepting a job with Eastern Stainless Steel Company which, along with U.S. Steel, was the only company making the wide sheets of steel used in the automotive industry.

At that time Baltimore was a major producer of canned foods and Jack witnessed many changes in the industry as it adopted better linings to enhance food safety and prolong shelf life. His interests broadened to include the production of copper and brass items as well as stainless steel. He retired in 1998.

On the personal side, Jack married a girl from Sparks and lived for many years in Timonium until he lost his wife and moved to Broadmead.



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by Sita Smith and Ruth Williams; Saturday by Jeanne Stephenson

Tuesday, April 3 Dolphin Tales

A badly maimed juvenile dolphin is given a new tail, and a new life, through the efforts of the humans who saved it in this true life adventure saga. After losing its tail to a crab trap, the dolphin is doomed until a young boy spots its plight. Also shows the effect of the experience on the boy and a wounded veteran. Subtitles

2011 PG-7 113 minutes

Saturday, April 7 Affair to Remember

Cary Grant, Deborah Kerr. Handsome bachelor Nicky Ferrante and former nightclub singer Terry McKay meet on an ocean liner and fall deeply in love. Although each is engaged to someone else they agree to meet six months later. A tragic accident prevents this. Sub-titles

1957 NR 119 minutes

Tuesday, April 10 Agnes of God

Jane Fonda, Anne Bancroft and Meg Tilly star in Norman Jewison's riveting adaptation of the hit Broadway drama. When the baby of a young nun, Agnes (Tilly), is found strangled, a court-appointed psychiatrist, Martha Livingston (Fonda) must decide whether the devout but troubled girl is fit to stand trial. The probe uncovers mysterious aspects of Agnes' personality, leading to a shattering climax. Sub-titles.

1985 PG-13 98 minutes

Tuesday, April 17 Letter to Three Wives

In this black and white classic, three married women (Jeanne Crain, Linda Darnell and Ann Southern) suddenly find themselves on the receiving end of a disturbing missive. One of their husbands has broken his nuptial

vows and cheated. But whose? The answer is revealed as each woman excavates the ruins of her marriage. Kirk Douglas co-stars.

Sub-titles

1949

NR

103 minutes

Tuesday, April 24 The Last Emperor

Recounting the last years of China's Ching Dynasty through flashbacks and flash forwards, this Oscar-winning epic charts the life of Pu Yi (John Lone), who ascended the throne at age three, from coddled aristocrat to enlightened insurgent to ordinary citizen. The movie co-stars Peter O'Toole as Pu Yi's Scottish tutor and is directed by Bernardo Bertolucci. No sub-titles.

1987

PG-13

165 min

Saturday, April 28 White Nights

Mikhail Baryshnikov, Gregory Hines, Isabelle Rossellini. A Russian defector flies to Europe for a ballet performance and crash lands in Siberia where he must escape the KGB. An American tap dancer is also involved. No subtitles.

1985

PG

136 minutes

The Broadmead Play Readers

will present

Old Saybrook (Writer's Block)

by Woody Allen

Wednesday, April 4 - 7 p.m.

Cast

Anne Lee.....Homeowner Sheila

Charlie Lee.....Homeowner Norman

Sally Bloomer...Jenny, Sheila's

sister

Bill Benson... David, Jenny's husband

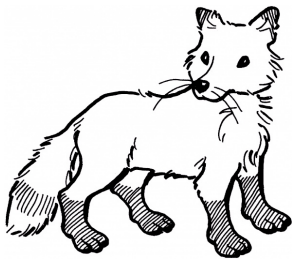
Bill Reinke.....Hal Maxwell

former owner

Marcia Reinke..... Sandy, Hal's wife

Max Greenland...Writer Max Krolian

Eli Freedman.....Stage Manager



Hither, Thither and Yawn

With Foxy Georgia

Oh joy, or rapture, unforeseen, that brown landscape is now all green.. and the barn sale is now at rest, pro-tem....but we keep on goin' and doin' ..

like fr'instance ..the super concert at Goucher t'other evening, much discussion about the pianist's remarkable technique, Ginny Cooley and Joan Tapley discussed the program, Georgia Erlbeck liked it, Fran Peterson did not care for it, Pris Wiswell missed it entirely and they all tore her dress apart...figuratively speaking...33 of us thank Goucher for the treat.

Speaking of green, who is responsible for the St Pat's display in the wishing well? ..deer, deer..who ate that acuba bush?...no connection, but Penny Partlow and Bonnie Cox discovered ants in their plants in the green housesolution?...the big toss away .. to continue..Irene Schneider, conservation monitor at Cluster L, has worked out a chart explaining the correct toss-away procedure..need a copy?...just give her a call..really helps ..

Before we go another step..a note to the proof reader..and this means YOU..keep your cotton - picking hands off this stuff !! **

A taste of spring, set up by Nancy Boyce and her committee..the charming painted eggs collection, eggzsactly right for this season...and not a Faberge to be seen....aren't you dyeing to get to work?? Warning! be sure to hard-boil them first..or blow out the innards.

Saw 2 great Jack Russells ..they came to call on their grandmother, Libby Murphy..whatta fun pair..here's some more fun..in the seminar room there is a set of English Dictionaries, published in 1897 by the Oxford press.. edited by Sir James Murray. LLD...take a few minutes to look up their idea of slang or unusual definitions..example... Fancy Work.. and you thought it just meant needle point..

Lion-drunk,...the obsolete word Date, and what passed as a Davenport... and Dream-hole..fascinating stuff..

The Brain University has opened..and their college song, "the Strain falls mainly in the Brain", will cheer you on....sign up and Lean Forward !!...most of the gang does their stuff in pencil (erasable), but Dottie Krug uses a pen..bet she does crossword puzzles in ink also..wow!

Winter must be over, cause the Fla nesters Carol McCord, Judith Hundertmark, Alma Smith and Jonas Rappeport have come back to us, and Anne and Charles Lee and the Big Boss Marcia and Bill Reinke are back from Porta Rico, looking just great..and best of all, Dick Dunlop is back from breakfast.

Have you seen some of the drawings from Roman Schaeran...a true delight...Has the duck in the sculpture niche laid an egg? Hugh Stierhoff has sculptured a mini mobius...how does he do it? how do you spell it?

What great sports we are !...sudden last minute changes in the "The Ugly Duckling" put on by the Play Readers Group..Nancy Boyce, and Harry Butcher, and Sue Schlenger re-arranged themselves and helped the rest of the cast, Walt Hudson, Jim Crowder, Sally Bloomer as the "Ugly Duckling", and Director Eli Freedman put on a laff filled evening for us.

Health note. Teri Mottley's daughter, Lin who teaches Rumba Gold has worked off 25 lbs doing that program... perfectly painless., and she had fun too !! want to try it ?....'nuff said!

***Foxy has demanded that not only the Voice proof readers but also the copy editors with their impossible style sheet should stay away from her column or else..... So okay Foxy, with the exception of some indenting and paragraphing it's all yours, dots, exclamation points and all.*

Monday Book Group Selections Through June, 2012

Auditorium, 10:30 a.m.

April 2

The State of Wonder by Ann Pachett

May 7

The Sisters of Fortune
by Nancy Coffy Hefferman

June 4

Homer and Langley by E.L. Doctorow

*Books may be borrowed from
the Bookmobile.*

VOICE OF THE RESIDENTS

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Broadmead's potters provided 35 colorful empty bowls for the annual Empty Bowls event held at the Timonium Fairgrounds March 24.

Shown here in the ceramics room just prior to their packing up and delivery to the Fairgrounds, the bowls, along with hundreds of others handcrafted by area potters, were filled with soups from Baltimore's top restaurants.

The family event included both lunch and dinner seatings, live music, entertainment, kids activities and a huge array of silent auction items, all to benefit the programs run by St Vincent De Paul. Photo by Marcia Reinke.

See the bowls
in glorious
color by Googling: Newsletter
Broadmead Residents
Association